



# UNPHASED BY APHASIA

## The OSU Aphasia Initiative

### Our Mission

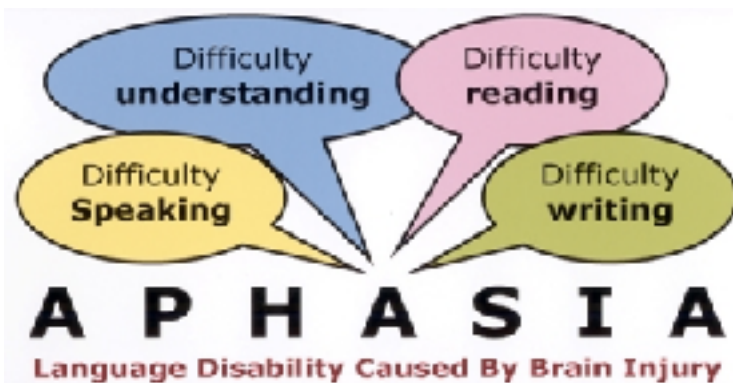
We are a program for persons living with aphasia that provides structured group sessions to facilitate communication skills. We also provide training for students in the Department of Speech and Hearing Science at OSU.

To learn more, visit our website at <https://sphs.osu.edu/clinic/aphasia>, find us on facebook 'OSU Aphasia Initiative', or by phone at 614-688-1188.



## Who are we?

We are a group of people working together to overcome communication difficulties due to aphasia.





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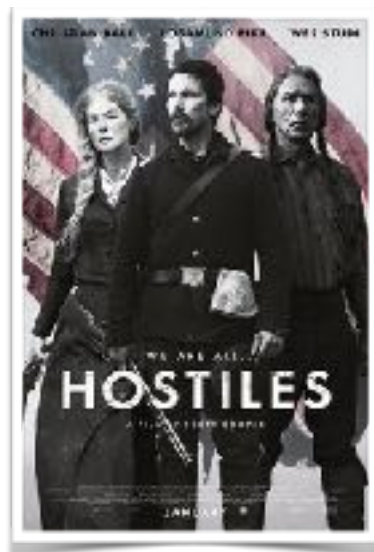
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## Hostiles Movie Review

by Krista

This movie was a philosophical movie about racism and getting to know the others people. The story tells about men protecting their women, children and friends from Indians that were their enemies. It tells the story of an Army Captain (Christian Bale) who reluctantly agrees to escort a dying Cheyenne war chief, Chief Yellow Hawk (Wes Slude) and his family back home to Montana. They start from New Mexico. On the way they encounter a young woman Rosalie whose husband and children have been murdered. The group arrives in Colorado. One evening after dinner the Indian woman, her daughter and Rosalie went down to the creek to wash their dishes. The Snake Indians attack them and rape them before the men in the camp are able to get them. The group had been through many trials together, a lot of them have been killed on the journey. Sadly, more rough times were to come. In camp on their last stop, Chief Yellow Hawk passes away when the group got to Montana. The Chief's family place him on the burial site, to lay to rest. Three men ride up on their horses and claim that this land was theirs. Gunfight ensued. The Captain, Rosalie, and Chief Yellow Hawk's grandson were the only survivors.



## An Adventure to Remember

by Frank



In May of 2009, I was selected to go to an all expense paid trip to St. Marteen for the Chairman's Excellence Award. We stayed for an entire week, and nobody had to use vacation time, it was on the house!

Needless to say, it was a blast and a half! It was all lines of business: collections, service, and corporate.

On Monday it was travel day and had had a welcome dinner in the evening. We dined on lobster tail, shrimp, crab, and conch and the liquor was flowing. For a special treat, we had fireworks, especially for us!

Tuesday was when the fun began! We boarded the boat at 8:00 am. We traveled to Prickly Pear Island about 2 hours away. We snorkeled the morning away and it was time for lunch. On the boat trip back, it got a little crazy. We took turns with our loved ones doing body shots! As the saying goes, "what happens in St. Marteen, stays in St. Marteen"!

Wednesday was a "free" day. We went to the beach all day. For dinner we went to La Passoir, a LoB (line of business) dinner. We ate and drank and had a really good time. I can not say enough good things about Ivan Stempial and Mike Parks, Executive Vice President and President of Alliance Data.

Beth and I went on a tour of the island on Thursday. We saw a butterfly farm. It was neat to have the butterflies land right on your finger! We ate lunch and took in a few sights. Nightfall came and it was time for dinner. One by one we were honored for our various contributions. My contribution was for a variety of things, chairman for three years of the food donations for W.A.R.M. (Westerville Area Resource Ministries), a five S.T.A.R. Award recipient, along with Retail Manager of the Year (2008).

On Friday we ate breakfast and we celebrated each other with a slideshow, said our goodbyes, and then got on a plane for a long flight home. An adventure to remember!



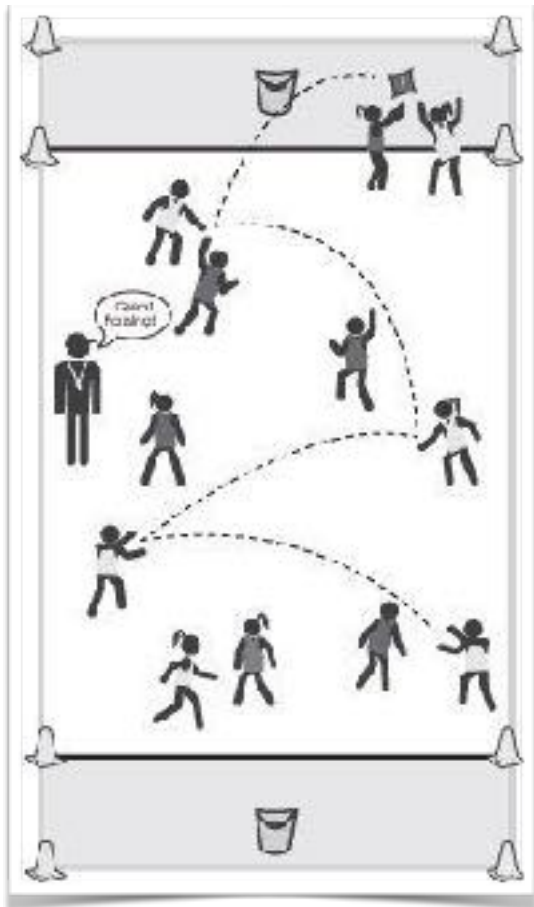




## How to play Frisbee Football

by Jeremy

Hi, my name is Jeremy and I like Frisbee football. It is very cool. People play Frisbee football for fun. It is a fun way to hang out with friends. It is a lot of work and a lot of physical activity. You have to do a lot of running and throwing. Exciting! I have played Frisbee football in Ohio, Israel, and DC.



### Frisbee Football How to:

1. You need 2 teams of 5 people
2. Two teams face each other to start the game
3. One player throws the Frisbee to start the game
4. Players run around the field to try and catch the Frisbee
5. Person with Frisbee must stop running before they pass the Frisbee
6. Interceptions are possible, and if the opposite team knocks down the Frisbee it is theirs
7. The objective is to score in an end zone



## My Trip to Egypt

by Max

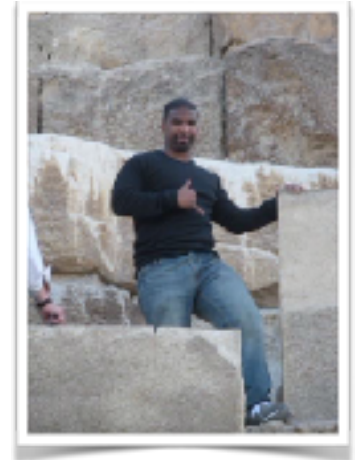
1. CAIRO: I went to Cairo in 2008. I was getting my master's degree in marketing.



2. SPHINX: I saw the Sphinx. It reminded me of the Alpha from my fraternity. It was my favorite thing to see.



3. PYRAMID OF GIZA: This is the Pyramid of Giza. It is part of the Museum of Egyptian Antiques.



4. MARISSA: This is my friend, Marissa. She is one of my best friends.







## Nature Drawings & Photography

by Tim

I like to go on walks in the spring. When I see a bird, I look it up in my bird books. After I see the bird, I like to take photos and I like to draw them. The photos below are my drawings and photography (taken in Ohio).



Cardinals, Blue Jays, American Robin, and more.

I used to travel to different places looking for different animals to draw. I took a lot of photos on my walks. I have giant photo albums of my pictures. Below are pictures of me with one of my photo albums.



I took this photo (right) when I saw a cardinal getting angry at the blue jay, and the blue jay was defending his mate. This is one of my favorite photos.







## Taking time for Reading

by Sophia

I love novels and stories. My favorite place to read is the library. When I read, I am happy because it takes me far away from the kids and the real world. Reading is very important. I suggest everyone pick up a book and read every day.





## Chuck & Barb's Baseball Cards

By Chuck

Chuck and his wife, Barb, owned an antique store called Chuck and Barb's Baseball Cards. They managed their store in Upper Arlington for 22 years. Their specialty was baseball memorabilia, including trading cards and balls. Their store collected items that individuals brought in for appraisal. Chuck's wife, Barb, traveled the country to collect items for the store. They worked happily as a team! Their love for sports continues, as they love to go to Columbus Blue Jackets games.



## The Thurman Cafe Review

by Andrew



There is restaurant in German Village called The Thurman Café. It is an extremely casual restaurant. I heard about The Thurman Café on the Food Network's show Man vs. Food, whose host is Adam Richmond.

He is my food hero. The Thurman Café's famous burger is called the

Thurmunator, and if you eat it all in one sitting you get it for free. It is called the Thurmunator Challenge. On the Thurmunator is two hamburger patties, lettuce, tomato, onions, bacon, cheese, and whatever else you want on it. You have to eat it with a fork and knife because it is too big to hold! Thurman's also has good buffalo wings, which you also have to eat with a fork and knife because they are too big to hold and they are quite sloppy. When I went with my father, I had the western bacon cheeseburger. It had barbeque sauce, lettuce, cheese, onion straws, and bacon. It was great! They also have hand dipped ice cream milkshakes that are huge and look good. I recommend the cookies and cream milkshake. Thurman's Café is a very busy place, so I would recommend going for an early dinner to avoid the crowds. There is also a location called Son of Thurman, which has the same menu but is a bit smaller in Delaware, Ohio. I went to this location. It is not well known so it is less busy and easier to go to. There is also a Thurman's To Go, in Pataskala, Ohio. This location has a similar menu but it is carry out only. If I had to give Thurman's a rating, I would rate it 10/10 for their food. It is a fantastic place to go if you like beef! I would rate their atmosphere a 5/10, it was a bar atmosphere and it was kind of smoky and loud inside. I would highly recommend this restaurant for beef eaters!

Here is a link to Thurman's menu in German Village: <https://thethurmancafe.com/menus/>

Here is the link to Son of Thurman's menu in Delaware: <http://sonofthurman.com/wp-content/uploads/2014/09/SOTMenu-1.pdf>

Here is the link to Thurman's To Go menu in Pataskala: <http://www.thurmantogo.com/wp-content/uploads/2013/10/ThurmanMenu.pdf>





## Inspirational Quotes

by Mitchell

“Stay lifted up even when things go awry”

Mitchell Dent

“Try to be a rainbow in someone’s cloud”

Maya Angelou

“Wisdom is the principal thing; therefore get wisdom: and with all thy getting get understanding”

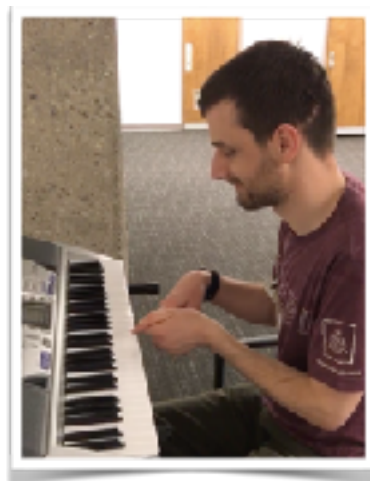
Proverbs 4:7 King James Version



## Piano Music

played by Matthias

Link: <https://youtu.be/fAYqWr2VSuA>



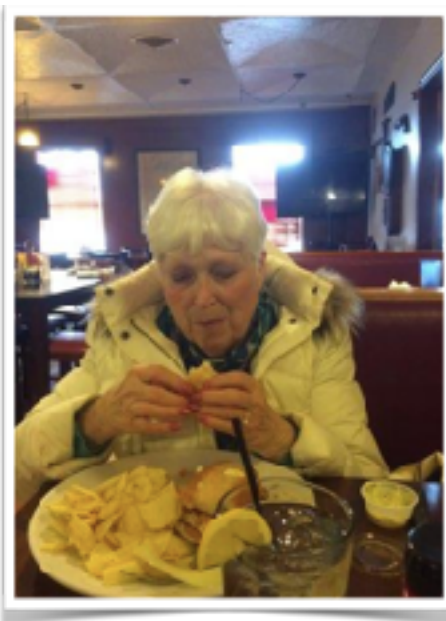




## The Red Door Tavern

by Bill & Carol

The Red Door Tavern hasn't changed. Since 1964 it's been the same. Because it's one of our favorite restaurants, Carol and I went to lunch there. Carol had a MASSIVE fish sandwich with coleslaw and an iced tea. I had a cheeseburger with tomato, lettuce, pickles, ketchup, and mustard. It also came with steak fries. I had a glass of chardonnay too because I wasn't driving. Both meals were delicious and filled us up. We had a Groupon deal for 20% off, but they wouldn't accept it at first. After showing it to them on my phone they eventually did. I took pictures of the bar, the hostess stand, and the red and white-checked tiles. We would definitely recommend this restaurant!





## The AAU Tournament

by Trey

My name is Trey and I'm a member of the Aphasia Initiative at OSU. In summer 2016, I coached a team in the AAU (Amateur Athletic Union) tournament. I played basketball since I was in first grade and I coached for 4 years. I started coaching because I wanted to teach my son.

The AAU has the best players from all over the whole country. My team had the best middle school players from all over Franklin County. I picked the team and had to make cuts because only two people from each school could play. We traveled a lot for different tournaments. We had tournaments in Ohio, and all the way in Indiana, Kentucky, and Tennessee.

Sometimes it was challenging to coach this team. The most challenging thing was that it was very time consuming. We practiced 3 times a week and had to travel to different tournaments. We had to find our own practice facilities too. It was hard when people missed practices or did not know the plays.

This was a good experience. I have coached other teams and this team was my favorite because I used to play in the AAU too when I was young. We won a lot of games and we got a lot of trophies. This team worked really hard and we played together for a couple years. We were very close as a team.





## **Fahriye Alba Translation (Arabic to English)**

by Snjezana

### **Fahriye abla by Ahmet Muhip Dıranas, 1934**

hava keskin bir kömür kokusuyla dolar, kapanırdı daha gün batmadan kapılar. bu, afyon ruhu gibi baygın mahalleden, hayalimde tek çizgi bir sen kalmışsın, sen! hülyasındaki geniş aydınlığa gülen gözlerin, dişlerin ve ak pak gerdanıyla ne güzel komşumuzdun sen, fahriye abla!

eviniz kutu gibi küçücük bir evdi, sarmaşıklarla balkonu örtük bir evdi; güneşin batmasına yakın saatlerde yıkanırdı gölgesi kuytu bir derede. yaz, kış yeşil bir saksı ıtır pencerede; bahçende akasyalar açardı baharla. ne şirin komşumuzdun sen, fahriye abla!

önce upuzun, sonra kesik saçın vardı; tenin buğdaysı, boyun bir başak kadardı. içini gıcıklardı bütün erkeklerin altın bileziklerle dolu bileklerin. açılırdı rüzgârda kısa eteklerin; açık saçık şarkılar söyledin en fazla. ne çapkın komşumuzdun sen, fahriye abla!

### **Honey Sister by Ahmet Muhip Dıranas, 1934**

the air smells of a sharp coal, it closes before the sun goes down. this is the unconscious place, like the opium spirit, You are the only line in your life, you! Laughing your eyes, your teeth and your head What a beautiful neighbor you are, fellow sister!

your house was a tiny house like a box, a villa covered with vines; near the sun set washed in a shady village with a shadow. summer, winter a green potted window; In the garden, the akasas opened spring. what a lovely neighbor you are, a fellow sister!

first had a long, then cut hair; and the neck was a spike. all the men

Your ankles filled with gold bracelets. short skirts on the wind; You said the most outlandish songs.

## Mike's Favorite Photography Subjects

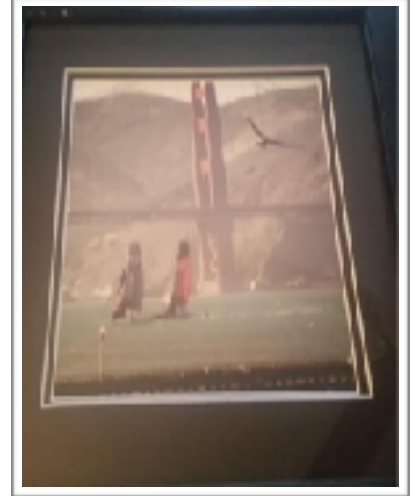
By Mike



Egret at hotel near Napa & Sonoma, CA



Pullman Village Church, Chicago, IL



San Fransisco Bridge & Bay



Slave Mart, Charleston, SC



Natural History Museum, Chicago, IL



French Quarter Window, New Orleans, LA



Korean War Memorial, Washington, DC